



# tuesdays with Morrie

by Mitch Albom

## READING GROUP GUIDE

### Let's talk about Mitch and Morrie

1. Did your opinion about Mitch change as the book went on? In what way?
2. Who do you think got more out of their Tuesday meetings, Mitch or Morrie? In what ways? How do you think each would answer this question?
3. Do you think Mitch would have come back to Morrie's house the second time if he hadn't been semi-idled by the newspaper strike?
4. Discuss Morrie's criticisms of Mitch throughout the book. Do you think Morrie should have been tougher on him? Easier?
5. Do you think Mitch would have listened if Morrie hadn't been dying? Does impending death automatically make one's voice able to penetrate where it couldn't before?

### Let's talk about death

6. Does this book make Morrie's death a public event? If so, how is it similar to other public deaths we've experienced as a society? How is it different?
7. Morrie referred to himself as a bridge, a person who is in between life and death, which makes him useful to others as a tool to understand both. Talk about other literary, historical, political or religious figures who have also served this purpose.
8. Most of us have read of people discussing the way they'd like to die, or, perhaps, have talked about it ourselves. One common thought is that it

would be best to live a long, healthy life and then die suddenly in one's sleep. After reading this book, what do you think about that? Given a choice, would Morrie have taken that route instead of the path he traveled?

9. On "Nightline," Morrie spoke to Ted Koppel of the pain he still felt seventy years after his mother's death. Is your experience with loss similar or different? Does what you've read in this book help ease any of the pain?

10. Morrie was seventy-six years old when diagnosed with ALS. How might he have reacted if he'd contracted the disease when he was Mitch's age? Would Morrie have come to the same conclusions? Felt the same peace and acceptance? Or was his experience also a function of his age?

## **Let's talk about meaning**

11. Try the "effect of silence" exercise that Mitch described. What do you learn from it?

12. Talk about the role of meaningful coincidence, synchronicity, in the book and in Mitch and Morrie's friendship.

13. Morrie told Mitch about the "tension of opposites." Talk about this as a metaphor for the book and for society.

14. Mitch made a list of topics about which he wanted Morrie's insight and clarity. In what ways would your list be the same or different?

15. Discuss the book in terms of structure, voice, and tone, paying attention to Mitch's use of flashbacks and other literary devices. How do his choices add to the meaning?

16. Are college students today missing out because they don't have the meaningful experiences that students faced in the 1960s had? Do you think Morrie thought they were?

17. Morrie said: "If you've found meaning in your life, you don't want to go back. You want to go forward." Is this true in your experience?

## Let's talk about religion, culture, and ritual

18. Morrie belived, "You have to be strong enough to say if the culture doesn't work, don't buy it. Create your own." How can people do this? How can this book help?

19. As his visits with Morrie continued, Mitch explored some other cultures and religions and how each views death. Discuss these and others that you've studied.

20. To the very end, Mitch arrived at Morrie's house with food. Discuss the importance of this ritual.

## Let's talk about relationships

21. Was Morrie judging people who choose not to have kids with his statement: "If you want the experience of having complete responsibility for another human being, and to learn how to love and bond in the deepest way, then you should have children." Whether or not he was, do you agree?

22. Mitch wrote, "Perhaps this is one reason I was drawn to Morrie. He let me be where my brother would not." Discuss Mitch's relationship with Peter.

23. Discuss the practical side of Morrie's advice: "Only an open heart will allow you to float equally between everyone." How could this advice be useful the next time you're in a social or other situation where you feel out of place or uncomfortable?

24. Morrie said that in marriage, "Your values must be alike." In what ways do you agree or disagree?

25. Would Morrie's lessons have carried less weight if Mitch and Peter hadn't resumed contact by the book's end?

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